

# Vivalert

## Why Vivalert?

We often read of someone lying helpless at home or even dead for days. Anyone who lives alone can suddenly be struck by health problems such as a heart attack, stroke, epilepsy or diabetes and find themselves in a helpless situation. Moreover, accidents at home, such as slipping in the bathroom or falling down the stairs, cause many casualties and can happen to anyone of any age.

What is it worth to you to increase the chance of receiving help in such a situation?

## How it works

Vivalert is a smartphone app that gives you the choice of briefly 'checking-in' once or several times a day. If you miss the reporting time, the app concludes that there is a problem. After a brief interval a message is sent to one or more designated contact persons. This can either be a family member, a neighbour, a friend or somebody from a social care organisation.

It is not necessary for this contact person to own a smartphone. Any phone that can receive text messages is suitable.

## Target group

Vivalert is a must for anyone living alone but especially for people suffering from an affliction such as epilepsy, diabetes or an allergy, all of which can suddenly worsen dramatically. These situations can become life threatening and timely assistance can save lives.

## Take the test

If you live alone and if something were to happen to you, how long would it take before you were missed and before anybody actively tried to make contact with you?

If that is more than one day, then Vivalert might be a life-saver.

## Privacy

Vivalert fully guarantees your privacy. You will never be tracked or traced. You, so to speak, keep an eye on yourself. All is well with you as long as your contact persons receive no news.

## Peace of mind

Vivalert is neither game nor gimmick but a tool. When used seriously and consistently it ensures the peace of mind of knowing that you can count on help in an emergency.

By spending a small amount once, you strongly increase the chance of receiving help in situations in which you are no longer capable of making contact with the outside world.

## Practical

You can set a maximum of three reporting times per day and as you please switch the app on and off on any day of the week. Of course you can also switch off Vivalert entirely.

You can report to Vivalert an hour before the set time. For a reporting time of, for example, 1 p.m. you can notify Vivalert from 12 noon by pressing the button.

If you fail to press the button within the agreed hour, then Vivalert gives you another fifteen minutes to do so. If you do not respond by pressing the button, then Vivalert assumes that there is a problem and a text message and email will be sent to your designated contact persons.

The use of this app requires a certain discipline. Repeated false alarms will cause unnecessary concern to your contact persons and may affect their motivation.

## About

Vivalert was conceived and produced in Rotterdam, The Netherlands. For questions and/or remarks, please contact: [info@vivalert.nl](mailto:info@vivalert.nl)